



COUNSELING AND MENTAL HEALTH RESOURCE GUIDE

Mental Health: CUNY Counseling Offices

Baruch College	Dr. David Cheng, Director, The Counseling Center 137 East 25th Street, Room 927 New York, NY 10010	646-312-2155
Borough of Manhattan Community College	Dr. Marilyn Riley- Hodge Counseling & Advisement Center 199 Chambers Street, Rm. S-330 New York, NY 10007	212-220-8140
Bronx Community College	Mr. Nelson Reynoso, Director, General Counseling Office West 181st St & University Ave Loew Hall, Room 432 Bronx, NY 10453	718-289-5868 718-289-5866
Brooklyn College	Dr. Gregory Kuhlman Personal Counseling 2900 Bedford Avenue Brooklyn, NY 11210	718-951-5174
The City College	Dr. Elizabeth Thangaraj Director, Wellness and Counseling Center Convent Ave at 138th Street Marshak Science Building Rm J15 New York, NY 10031	212-650-8222
The Graduate Center	Dr. Daniel Rothenberg, Director, Psychological Counseling and Adult Development Center 365 Fifth Avenue, Rm. 6422, New York, NY 10016	212-817-7020
Hostos Community College	Prof. Michael R. Stimola, Acting Director, Counseling 500 Grand Concourse Bronx, NY 10451	718-518-4459
Hunter College	Linda L. Carlson, Director, Advising and Counseling The Office of Student Services Room 1119 East New York, NY 10021	212-772-4882 212-772-4891
John Jay College of Criminal Justice	Dr. Robert DeLucia, Director, Counseling Department 445 West 59th Street New York, NY 10019	212-237-8142
Kingsborough Community College	Dr. Uda Bradford, Director, Counseling	718-368-5157



	2001 Oriental Boulevard Brooklyn, NY 11235	
LaGuardia Community College	Prof. Joan Edmonds, Counseling Faculty, Counseling Department 31-10 Thompson Avenue, Room C245 Long Island City, NY 11101	718-482-5269
Lehman College	Dr. Anney Báez, Director, Counseling Center Old Gym Building, Room 114 250 Bedford Park Blvd. West Bronx, NY 10468	718-960-8761
Medgar Evers College	Dr. Juollie Carroll, Director, Counseling Services 1650 Bedford Avenue Rm 1032 Brooklyn, NY 11225	718-270-5123
New York City College of Technology	Dr. Cynthia Bink Director, Counseling Services Center Namm Hall (N-108), Voorhees Hall (V-203) 300 Jay Street, Room NG-17 Brooklyn, NY 11201	718-260-5030 719-260-5040
Queens College	Dr. Elizabeth McCaffrey, Director, Counseling and Advisement Center B-Building, First Floor 65-30 Kissena Boulevard Flushing, NY 11367	718-997-5420
Queensborough Community College	Dr. Stanley Rustin, Director, Counseling Center 222-05 56th Avenue Library Building, Room L428 Bayside, NY 11364	718-631-6370
College of Staten Island	Prof. Mary Murphy Associate Director, Counseling Center 2800 Victory Boulevard Staten Island, NY 10314	718-982-2395
York College	Dr. Arleen Schreiner, Director, Counseling Center 94-20 Guy R. Brewer Blvd. Registrar's Office, Rm. 1H06 Jamaica, NY 11451	718-262-2297



More Resources for Counseling & Mental Health Services

Brooklyn:

Caribbean Community Mental Health
585 Schenectady Ave
(718) 363-6573

Manhattan (just for Asian population):

Charles B. Wang Community Center
268 Canal Street
(212) 379-6932

Bronx:

Fordham Tremont, Community Mental Health: Latin American Immigration Services
2021 Grand Concourse
(718) 960-0200

Hotline: 1-800-LIFENET

Additionally:

Association Tepeyac (is a legal organization with a social services program for Hispanic Immigrants)
251 W. 14th Street
(212) 633-7108

NY Association for New Americans (a program for victims of domestic violence)
17 Battery Place
(212) 425-5051

NY State Psychiatric Institute (has a research project, if you qualify you can receive free counseling and medical treatment for several psychiatric conditions such as depression and anxiety)
1051 Riverside Drive
(212) 305-6001

Fordham University
Psychological Services Institute
(212) 636-7754
(sliding scale, which means it depends on your income)

National Institute For The Psychotherapies 250 W. 57 St, Suite 501
New York, NY 10107



212-582-1566

(NIP sets fees based on a sliding scale basis. Help with a variety of problems including: anxiety, depression, relationship problems, problems stemming from drug abuse in their families, feelings of low self esteem, trauma, amongst others)

Legal Services

- New York Immigration Hotline (Monday – Friday from 9 a.m. to 6 p.m.) P: (800) 566-7636
- *Immigration Lawyer Referral Service (National):*
- American Immigration Lawyers Association (AILA) (800) 954-0254 The Legal Referral Service (ABCNY) in English (212) 626-7373
- The Legal Referral Service (ABCNY) in Spanish (212) 626-7374

